



FOR IMMEDIATE RELEASE

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FOR INFO: Cindy Small, 302-734-1736 (Great Photos Available)

**DELAWARE'S SILVER ANNIVERSARY AMISH COUNTRY BIKE TOUR
SET FOR SATURDAY, SEPTEMBER 10 IN DOVER, DE**

DOVER, DE – Mark your calendars now for Delaware's 25th Annual Amish Country Bike Tour, set for Saturday, September 10, starting at Legislative Mall in Dover, Delaware. Last year, 1,400 cyclists from a 14-state region participated in Delaware's longest-running and largest bike tour event.

The bike tour, suited for all ages and abilities, includes 15, 25, 50, 62 and 100-mile loops through the flatlands of Delaware's Amish farmlands. Rest stops include the famous Amish Schoolhouse where members of the Amish community serve home-baked pies and cookies. Several additional food stops will be included, featuring healthy snacks, sandwiches and beverages.

Following the tour, cyclists will be treated to a catered barbecue meal of pulled pork or chicken and all the trimmings, and vegetarian meals will also be provided.

Proceeds from this year's bike tour will benefit the Central Delaware YMCA, the Amish Schoolhouse education program, three local participating churches and the Bike Tour fund.

Registration fee, which includes bike tour map, giveaway items, up to four food and rest stops including the famous pie stop, after-tour catered picnic lunch, is:

- **Now through August 26:** \$35/adults; \$15 ages 5-16; under 5, free; and
- **August 26 - September 10:** \$50/adults; \$20 ages 5-16; under 5, free.
- **Club Rate:** When 10 or more cyclists pre-register by August 27, cost is \$30 per cyclist.

To register for the bike tour online, visit www.active.com and search for Amish Country Bike Tour -- Delaware's 25th Annual." For those making a weekend of it, special lodging rates will be provided. For more information, call 800-233-5368 or www.visitdover.com.

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